

MESSAGE OF THE MASTER'S NEWSLETTER

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INITIATING YOUR INTERNAL MULTI-SENSORY SELF ~ USING YOUR GOLDEN COMPASS PART III: REMEMBERING THE TRUTH ~ THE DOORWAY TO THE SOUL

Entering the timeless, mystical interior of the seven sacred chambers continues. "I am the way, the truth and the life." That biblical statement is equally true for you. The truth, the path to the divine, the life of the witness runs through your heart. There is no way, no truth, and no life, except through you. An open heart and an open mind are the doors that open to love's presence. Even when the door is closed, it bids you open it. Even when you are judging and feeling separate from another, love calls to you from within.

The Golden Compass Discourse continues with understanding of the 4th and 5th Chambers which are **Remembrance** and **Truth**, they are specifically in alignment with the Heart and the Throat which affects your Thymus and Thyroid glands. The internal chambers are in direct connection to your returning to 'unconditional love' – it is all about remembering your **soulfulness** and your inheritance as a divine being of love and light. Are you seeking to become 'spiritual?' As you enter into the doorway of Remembrance (the heart center) you'll begin to embrace the fact that you don't have to 'try' to be spiritual, you are spirit first and foremost having a human experience. Please understand that each and every one of you is the core remembrance of **Christ Consciousness** and **His** teachings. Divine Creator does not exist apart from you. Divine Creator is the essence of your being; your breath is the life force that sustains you. Divine Creation dwells within your entire embodiment and rests in heart (the doorway to the soul) and the heart of all beings. All human beings have a common beginning – space (cosmic energy); the space between your cells is awaiting your awakening, every invisible particle will open to your desire to become You.

Your conditioned thoughts hold you hostage in your belief that there is a lack of love creating an illusion that love is to be found somewhere else. You keep looking for that 'special someone' outside of you when it only exists within each of you. The opening of the 4th Chamber takes you to the 'still point' or the void, the empty space where all creation began and begins, in every breath, every step and every turn. The opening of the 5th Chamber aligns with the **heart** and automatically allows you to speak your **Truth**. Yet you hold your selves' hostage with a twisted belief system that everything exists outside of you. The Seven Sacred Chambers allows you to understand your embodiment and focus on the mystical interior of your embodiment, where the magic resides. Your bodies know how to heal itself, to reproduce healthy cells, and to align with divinity. Yet, it is your thoughts about yourself that keep you prisoners or captive slaves repeating follies of life 'habits' only because you know them. The great deceiver is your 'belief system' the ego centric brain thoughts that perpetuates endless illusions of a life gone past or a life seeking a brighter future.

You've all sipped the chalice of illusion and since then you've been under a kind of spell, the enchanted spell of **reason**. Your mental attitudes, memories or influenced images and knowledge reflect **only** your conditioned mind patterns. Your 'belief' systems were gifted to you by your parents or caregivers; those that nurtured you as you developed your thought process from infancy to early adolescence. Around the age of 7 you began to pick and choose for yourself what brought you joy and in some cases, what protected you from harms way. This is the first

stepping stone for the human kingdom's learning methodology. You have within your brains 'mirror neurons' of which analog everything that you see with your lenses (eyes) and everything you hear with your ears. In other words, what you see you do and what you hear you say; here the archetypal energy of the law of attraction consumes you as per your desires. The 4th and 5th Chambers of your *sacred compass* are 'key' to remembering the truth. *Creation is the expression of truth in form* and your job is to remember the truth for yourself (truth cannot be learned only recognized). It is a very familiar sensation that validates itself within your embodiment through your power center (stomach) where neurons fire and signal to you that something is going on and you should take notice. Often these sensations are overlooked; why?

You **are** the *offspring* of the birthing of the '*time of reason.*' In the late 1600's the shackles of superstitions and religious influence were broken to leave behind the soulful constitution and move into a golden age of rapid change. The birthing of sciences, medicine and industry replaced the official Spiritual Trinity of religious circles—love, compassion, and faith—with the Scientific Trinity of logic, reason and practicality. Humanities perspective of life rapidly changed the way everyone viewed reality and what is and is not true. Faith in personal perceptions and insights was no longer valued—those perceptions had to be reproducible, observable and tangible by others—in other words they needed proof and the phrase 'seeing is believing' became the rule. Mechanical and scientific breakthroughs began to snowball through European culture into global exploration, conquest, and industry. YOU dear-one's are the offspring of this later world and your minds and beliefs reflect these attitudes.

The 'god' of reason and reward reigns supreme and birthed a collective consciousness (belief) where you all 'need a reason for everything' where a reward in the equation is part of the formula or outcome. As you believe, so too will be your experience; this is a universal law. We hear so often from the collective humanity that, "there is a reason why... you survived, you got in the accident, you made that choice" etc. We are here to tell you, it is time to give up your belief that there is a reason why things happen the way they do. They happen based on your life choices, which are why they happened. Your lives are not planned or predestined; they are immediate based on your wants, needs and desires in the present moment. Your attitudes about your current life circumstances you are engaged in are a conditioned belief system you default to; because you know how to do it. This is the myth of a God that keeps you in an earth-based mental-spiritual life. This myth-based view of reality is spiritually immature, stuck in a vision of organic divinity and child-father/mother relationship. We call the mind the 'great deceiver' because after all it is your own nemesis based on your own creation ... an outcome of your conditioned mind patterns. This is not a simple matter to dismantle, but we say to you, begin to allow yourself, as the witness, to see your own folly as if you were watching a movie. Be mindful of your thoughts, your actions and your reactions; the great deceiver will keep you on a perpetual treadmill of self-condemnation where you hold yourself hostage based on your fear of moving forward. Tell yourself are you Hostage or Host; preferable you pick Host which will allow you to move forward with grace.

As you enter the chamber of the **heart** the 'sacred heart of the divine within' you **MUST** begin to understand how your mind perceives the nature of your reality, since that reflects your mental attitudes about the universe, your world, the way things are and most sincerely, your belief in Divinity. Once you enter the heart, 'the sacred heart,' it is the turning point of your journey where you'll move into the upper chambers where truth, wisdom and illumination await your homecoming. The 'key' attribute you'll need to take with you on the journey is surrender. In surrendering to the Divine, you enter a state of consciousness in which you engage fully in your

life. You are fearless, full of faith, and possessed by an active, mystical purpose. You live in the Present moment. You follow guidance, releasing your expectations of what the outcome will be. You live with great faith but continue your devotion to inner work and releasing shadowed energy (old belief systems) that hold you hostage. Illusions only exist within your conditioned mind patterns, past experiences, and wounds that scared you effecting you emotionally. Reality only exists within the present moment. Your creation in the present moments are heart felt and truth based (the truth as you know it now) and your vision opens up through the expansiveness of the universe. The one verse, the one song....you are in the One, for the One, by the One in every step, every breath and every turn. It's up to you, Illusion or Reality (heart), Creation or Vision (speaking your truth). Listed below are the 4th and 5th Sacred Chambers and their affects on your embodiment.

*The topic will conclude in our next M.O.M discourse the last two chambers. For now, we'll share with you the Chamber of **Remembrance** and **Truth** and we'll break it down into four categories they are: 1) Chamber, 2) Chakra, 3) Endocrine System and 4) the Corresponding Elements. We will write a 1 page Discourse on each Chamber, it is vital to understand that **SOUND** or **FREQUENCY** of the Seal is the key to opening it. Another thing to take note is that you can attain the frequency, but you cannot sustain it. The reason for that is the top of one mountain is the bottom of the next, so as liken to the universe it is always expanding and contracting on itself.*

**Initiating your Internal Multi-Sensory Self ~ using your Golden Compass
Part III: Remembering the Truth ~ The Doorway to the Soul**

Believe, Allow, Become You: by initiating and using your Golden Compass; you are fulfilling the Prophecy of Union. This is a discourse in how to awaken your Soul; the SOUL is your own divinity, you can never dissolve its boundaries, it is set up for your homecoming (returning to love and light).

Cosmic Compass / Cosmic Law / Cosmic Thought / Cosmic Truth

(Is NOT at a personal (EGO) level)

CHAMBER # 4 REMEMBRANCE	CHAKRA	ENDOCRINE SYSTEM	CORRESPONDING ELEMENTS
<p>Conditioned thought that there is a lack of love crating an illusion that love is to be found outside of yourself.</p> <p>(In looking for replacement love, the illusion of right and wrong has been crated which has deepened the feelings of sin, guilt, shame, grief, bitterness, pain and suffering).</p> <p>The initiation of this seal takes you to the 'still point". A return to love. A return to the One from</p>	<p align="center">HEART Middle of chest area.</p> <p><u>CHAKRA REPRESENTS:</u> Love Center of compassion, forgiveness Relationships Harmony Renewal Anchors your life force</p> <p><u>BLOCKED CHAKRA (SPINS SLUGGISHLY):</u> Fears rejection, betrayal Feels unworthy to receive love Self pitying, oversensitive</p>	<p align="center">THYMUS GLAND</p> <p>Respiratory system Immune system Circulation system Lymphatic system Upper lungs and ribcage Arms and shoulders Upper back Skin</p> <p>Brings together energies of the heart (love) and throat (creative expression) in total loving communication.</p> <p><u>EXAMPLES OF EMOTIONAL DYSFUNCTION:</u> Co-dependency</p>	<p>COLOR: Green</p> <p>NOTE: F</p> <p>ELEMENT: Air</p> <p>CRYSTALS: Rose quartz Green jade Aventurine quartz Green calcite Emerald Tourmaline</p>

<p>which you came; your essence or your soul.</p> <p>You journey through the doorway of the hart to find remembrance.</p> <p>You come into the awareness that there is only divine truth and all chosen experiences have been in perfect divine order and flow for the most appropriate experience needed to accelerate in self evolution.</p> <p>Forgiveness, compassion, humility and unconditional love of yourself and for others become the key force in activating this energy center.</p>	<p>Fear of intimacy Feminine self denied Resentment, grief, bitterness Loneliness</p> <p><u>TOO OPEN (SPINS TOO FAST):</u> Possessive Loves conditionally Overly dramatic Demanding Withholds emotionally to “punish”</p> <p><u>BALANCED:</u> Compassionate Loves unconditionally Nurturing Humanitarian Sees good in everything Open</p>	<p>Betrayal to others Hard to commit Melancholia</p> <p>EXAMPLES OF PHYSICAL DYSFUNCTION: Auto immune diseases Shallow breath High blood pressure Heart disease Cancer</p> <p><u>GOALS:</u> Forgiveness Relate compassionately Love others unconditionally Love self unconditionally Balance and harmony</p>	
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Initiating the Seven Sacred Chambers

4th Chamber...

REMEMBRANCE

The condition for the fourth chamber is love and the imprint from Prime Creator is Remembrance. The fourth seal carries the illusion of non-acceptance, abandonment and the lack of love. This seal initiates the desired memory for true love of seeking unified self realized in whole remembrance in the embrace of truth and innocence.

The original separation from God was crated by initial self doubt and forgetfulness of which self was, which in your epitome, self is Love. This was the beginning of the great slumber where love no longer seemed possible. Perhaps feelings of abandonment from God intensified into feelings of confused anger and resentment, furthering the illusion of separation and lack of love. Perhaps pain, suffering, grief and even more separation were the results from relationships with those we loved the most, one might perceive that love equaled heat break. But the greater illusion and misunderstanding is that love is scarce and comes with conditions thereby one begins a journey o needing to be accepted and abandonment becomes the element of lack of love. You now have a fear of love and there is also fear of intimacy which really is a fear of self accepting self and ones ability to love yourself fully and completely without needing permission from others to love you. Without love in your lives your heart begins to close down and deep emotional wounds compound within the body with dis-ease and dis-orders. Hence begins the journey of temporary pleasures. You engage in lustful activities, addictions and extreme unconscious behavior to fill the void of emptiness. You begin to hate yourself and hat others who seemingly have love. This is the scarcity principle of the lack of love, and not having

enough love in the world to go around. You begin great battles where greed, lust, pride and tenacious ego become the idols and your battle fields internally and externally.

The overwhelming message is that you have lived many lifetimes without genuine love and true spiritual ideals, seeking personal gratification and short lived pleasures. From these particular challenging experiences, the depths of your being have been filled with extreme guilt and shame. Even though you have had numerous lives aligned with Spirit and the energies of love and goodness. These particular illusions of sin and corresponding patterns of guilt and shame have remained deeply imprinted within your cellular structure. There is a misunderstanding of what sin and guilt are, sin is merely separation from your innocent nature and guilt is all about egocentric self doubt. This chamber takes you home to the still point. The heart is the doorway to your Soul (your soul is the aspect of your essence from which you were created or your god self). The heart has seven vibratory layers that you must excavate in order to understand love. The meaning of life is Love; the journey all along from the point of separation has been a return to love and *remembrance* of your true self.

Nothing reflects godliness more than love. As you enter this chamber, you stimulate true love in the heart center. Opening this chamber releases you from the illusion of sin (separation from your innocent nature) and from the illusion that there is a right and wrong. You come into a knowing that there is a divine truth and it comes without conditions. To love is to let go every moment for love is never ever possessive. Forgiveness, compassion and unconditional love of self and for others are the key forces in activating these energy centers and initiating the forth chamber.

Om Shanti Yoga (2012-2013)

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CHAMBER # 5 TRUTH	CHAKRA	ENDOCRINE SYSTEM	CORRESPONDING ELEMENTS
<p>The conditioned thought and illusion that there is a lack of love which has created fear-based realities, distrust, poverty consciousness and suffering.</p> <p>There is also a conditioned belief that the way back into worthiness is through suffering.</p> <p>of power and might as self will and divine will merge as one.</p> <p>Initiating this chamber brings one into trust, personal truth and the highest expression of self through love, as love.</p> <p>Self trust self as a complete testament of truth, thereby creativity.</p> <p>The state of suffering is transformed into a state of joy, abundance and the highest self expression of personal truth.</p> <p>There is now great self fulfillment.</p> <p>Self 'will' integrates with divine 'will' and self comes into full alignment with all aspects of self and the divine plan.</p> <p>Self expresses as a channel for God.</p>	<p>THROAT CENTER Middle of throat area</p> <p><u>CHAKRA REPRESENTS:</u> Communication Speech Integrity Truth Self expression</p> <p>BLOCKED CHAKRA (SPINS SLUGGISHLY): Holds back from self expression Victim consciousness Unreliable Inconsistent views Stubborn</p> <p><u>TOO OPEN (SPINS TOO FAST):</u> Over talkative Self righteous Arrogance Overly ambitious</p> <p><u>BALANCED:</u> Good communicator Good listener Diplomatic and tactful Calm, at peace Good mediator Ability to make decisions Faith, Knowledge</p>	<p>THYROID AND PARATHYROID GLANDS Endocrine system Level of calcium in bloodstream Physical growth and mental development Taste, throat, teeth, mouth, gums Esophagus Parts of nervous system Cervical vertebrae Left brain hemisphere Hypothalamus Bronchial system</p> <p>EXAMPLES OF EMOTIONAL DYSFUNCTION: Perfectionism Inability to express emotion Blocked creativity</p> <p>EXAMPLES OF PHYSICAL DYSFUNCTION: Sore throat, hoarseness Thyroid imbalance Hearing problems Ringing in the ears Weight challenges, obesity Metabolic challenges Certain cancers</p> <p><u>GOALS:</u> The power of choice Personal expressing Live in personal truth</p>	<p>COLOR: Blue</p> <p>NOTE: G</p> <p>ELEMENT: Ether and Sound</p> <p>CRYSTALS: Turquoise Sodalite Lapis Lazuli Aquamarine Celestite</p> <p>Related energy center is the Zeal Point, G#, the Medulla Oblongata. Where you hold your zeal and zest for life. Your passions, Often called "the mouth of God."</p>

Initiating the Seven Sacred Chambers

5th Chamber...

TRUTH

The conditioned program for the fifth chamber is suffering and the imprint from Prime Creator is Truth.

Most humans have felt that the way back home, the way to atone from what was perceived as a the wrong path was through suffering, but in reality the throat chakra and chamber offers clear communication of inspiration and truth. Your power has been given away to this energy of suffering or feeling like you had to give penance in order to be received into the heavenly realms. Many have gone so far with this belief and are more than willing to take on suffering for others, for the world, and in the name of God. This is truly an illusion of poverty consciousness holding the extreme energies of self denial and unworthiness. You have felt that the only way to be worthy in the eyes of God was through trial and tribulation, penance and living in poverty or gifting yourselves just the bare minimum to get by. This recurring pattern lifetime after lifetime is so deeply embedded that some of the most awakened souls on the planet today still have yet to resolve this misunderstanding.

In opening this chamber, one chooses and allows all of the elements of suffering to be released from consciousness including all forms of expression, thinking, feeling, and inner and outer behaviors. The key to opening this temple of the body has to do with trust; once you trust you are a living testament of Truth thereby creativity, and true breadth of life force flows through you and true healing beings. One must walk the path in order to know the path and this is the journey you've been trekking and your road to truth.

The creation of suffering or poverty consciousness is transformed into creation of joy and a state of being where abundance becomes the state of being and the fullness of self expression. Joy is an outcome of truth; it is a state not a feeling. True joy does not happen based on an event or a reaction to what the human condition perceives as happiness. Joy is an ongoing state; it is your true state of beingness.

Self fulfillment is the new energy here as 'self will' integrates with 'divine will' and the individual comes into full alignment with the divine plane both individually and collectively. All words, thoughts, feelings and actions are purified from self aggrandizement, self glorification and self exaltation. Self expresses as a channel for God in loving *union of self realized in wholeness* and glorified *remembrance of truth*.