

MESSAGE OF THE MASTER'S NEWSLETTER

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Sacred Journeys *Wisdom's journeys and living the rhythms....*

The Journey to Divinity is merely the reawakening of the knowledge of where you are always, and what you are forever. It is a journey without a distance to a goal that has never changed.
~ ACIM~

These are the words from A Course in Miracles, specific and to the point. We wanted to share them with you because they are relative to our topic. Wisdom is a 6th Dimensional frequency and aligns at your brow; it is unity consciousness and in Eastern Culture known as Kripalu (wisdom). Wisdom has no form it is awareness of the consciousness (space) within you, whereas knowledge is knowing about something, therefore it is unconsciousness – chosen as an expression outside of you.

You have an inner and outer expression. The outer expression is to create form and experience the interactions of that formation through your life experiences of Doing (enjoyment, drama (fear), and variable expressions of love. The inner expression is to awaken to the expansive space within you (Consciousness – formlessness, essence) and to represent that consciousness (essence) into your 'reality' or your world; Thereby holding the space (formlessness) of light and love for others to emulate. The Sacred Journey implies 1) Your fear based reality can leave one scared, yet within the context of that adjective lies your truth ~ take the 'c' and 'a' and change them around, it is now a SACRED moment of truth (truth is love) and 2) Journey is about going somewhere and experiencing something...taking your unconscious experiences and embracing their teachings into your heart center (4th dimension frequency) which showers them with infinite love and transforms your experience as a Sacred Experience in all you do, say and touch, from your perceived past and projected desires of future directly to the reality of your Present moment (NOW).

Your mind-full experiences have offered you a rich diversity of your soulful expression. What the heck does that mean? Mind-full – conditioned thoughts (belief systems), experiences engage the emotional and mental body; your emotional body is attached to past experiences and the mental body is attached to 'hopeful' projections out into the future. To experience is to engage directly within an activity and allow for your choice to do it again or not. Basically what it means is that everything you've ever done (experienced) and have 'knowledge' of have contributed to the personality you are today. Your personality is your conditioned mind patterns and ego self. We have shared that EGO is Energy Go Out (your outer expression) which is 3rd dimensional energy. The 3rd and 4th Dimensions make up the 'lower creation world' these are dimensions where the game of separation is carried out. These are the only dimensions in which the illusion of good and evil can be maintained and in which you feel separated from Spirit (soulful self or your essence) and from each other. It's been a very successful game of separation, but now it's time for it to end. Therefore your planet and 383 ascending planets are in a state of ascension; this has all been prophesied as your 2012 awareness.

However, your planet is now vibrating at the level of the mid-astral plane; it's beginning to feel like a dream state, for many of you. You're never quite sure if you are awake or asleep.

Continuities are breaking down. There is a feeling that things can change as you hold them in your hearts. Eventually the lack of continuity will no longer bother you, just as it doesn't when you're dreaming. Notice that you're dream states are changing, as per when you wake up you're not quite sure you're awake. You will become lucid while you're dreaming and fully conscious in that state. You will be fully self-aware as you move back and forth between different realities, and all of them will feel equally real to you. You may not always be aware of your comings and goings, moving in and out of Light Body Consciousness. Those two movements are reflected throughout the universe in many ways, as expansion and contraction, likened to the expansion and contraction of your heart, as well as the inhalation and exhalation of your breath. This is the cycle of life expressing its experiences through your sub-conscious formations or the creation of your world experiences.

Each life-form represents a world, a unique way in which the universe experiences itself in form, yet the expansiveness of your 'true' selves "Consciousness" is changeless and formless, it remains steady within you, creating more space and contracting the excess as you allow yourself to let go of things that 'no longer' serve you. This is what has been coined as evolution. So for the most part, you seem to be 'aware' of the energy going out, yet you're seemingly not aware of the energy coming in (breath is allowance of space). Energy Going Out is a simple reflection of what you react to and what you're attached to, your attachments hold you hostage. Where ever you have an attachment, there is an emotion connected to it, otherwise it would not 'bother' you. What you react to in others, is also in you and who you think you are is how others seem to treat you. Therefore heed this statement – if you have a suspicious mind, suspicion will meet you as a reflection (the law of attraction – where you hold your thoughts (mind) is the energy that will come to you).

This is part of the journey, you look for things outside yourself and work hard at filling in the 'holes' – again looking outside yourself for someone to fill it up. Relationships are often the first form of attraction in that you're looking to fill up a space within you that seems to be in need of filling. Like energy attracts like energy, therefore if you're not complete onto yourself and you look outside of yourself for someone or something to fill in the hole you'll continue to attract the exact energy you're trying to get away from; it is a temporary fix which more often leads to disappointment and discord. Why? Because you're looking outside of yourself...you must be willing to go within and heal your own woundedness without expecting someone else to do it for you. Emotions can hold you hostage and for some in a state of fear to point of freezing and losing faith in yourself. You must remember who you are. You're Consciousness (soul – essence – micro- energy source – aspect of God)...you are complete and your sacred journey is to realize this. The objective in this life time is to transcend thought and return to the One, for the One, by the One and in the One...you are the anchor points of consciousness individually and collectively, each uniquely having your own experiences (evolution) in all you do say and touch awakening in your own time and way to your authentic selves.

Once you're unified unto yourself (complete with no attachments) emotions are compressed, friendships are reunited or will fall away because they no longer serve you. Soul families move into their destiny (like attacks like) and you'll realize that chaos is merely compression of Karma (an echo from the past) and the accumulation of your knowledge; all the while your ascension frequencies permeate through everything you do, say and touch. Only in chaos is order to be found within the duality dimensions of Earth. Illumination is realized within the Heart Energy (4th dimension) and merges with your Light frequency (5th dimension) which resides in the throat center also known as Satya (center of Truth) allowing ascension energies to move through you,

in you and around you without boundaries or attachments. Now the Sacred Journey takes on a new vibration and cause and effect systems begin to change and life circumstances seem to no longer plague you. As you witness the change in your awareness, your frequency of matter has changed (vibration has accelerated) and your awareness has expanded. The Light body's frequency expands into the 6th Light body into Unity Consciousness – between your brow (6th chakra) and love and light permeate within you and outside of you. Here your DNA patterns engage within the light frequencies and are made up of mostly color and tone. Your DNA acts as an antenna where photon light spirals through the molecules shifting your vibration. The sixth-dimensional structure holds templates or patterns that are set for the formation of matter and Light bodies allowing your experience to sustain through your carbon matter density (3rd/4th dimensional light body) while creating experiences at a higher vibration. It is the dimension where consciousness creates through thought and one of the places where you work during your dream (sleep) state. It can be difficult to comprehend this, because you're not in a body unless you choose to create one. When you are operating 6th-dimensionally, you are more of an "alive thought." You create through your consciousness, but you don't necessarily have a vehicle for that consciousness.

*The Sacred Journey continues as you allow the frequencies of your Light Body Consciousness to lead the way. The 7th-dimension (crown center or chakra) also referred to as Bliss is pure creativity, tone, geometry and expression it is a plane of infinite refinement and it is the last plane where you perceive yourself as "individual." The 8th-dimension is of group mind (consciousness) or group soul, and is where you would touch base with the expansive part of you. It is characterized by loss of sense of the "I." The 9th-dimension is the plane of the collective consciousness of planets, star systems, galaxies, and dimensions. The 10th – the 12th dimensions make up the Upper Creation Realm. The 10th is where plans of creation are designed and sent to the mid-creation levels for experience purposes. The 11th is that of pre-formed light – the point before creation and state of exquisite expectancy, just like the moment before a sneeze or an orgasm. It is the realm of archangels, akashic records, and electromagnetic forms of energies aligned with Metatron. The 12th-dimension is the One Point where all **consciousness** knows itself to be utterly one with All that Is. There is no separation of any kind. If you tap into this level, you know yourself to be completely one with All That Is.*

You have asked many questions as per our discourse from these past months related to your consciousness and the human condition. We have shared with you that you are 'energy encapsulated in skin' – that you are a micro of the macro from Prime Source/Creator – that your natural state of Consciousness is unified within itself and that truth cannot be learned only recognized. These are mere stepping stones for your awareness to contemplate your purpose (awakening) on this Earth Plane. Consciousness is the intelligence, the organizing principle behind the arising of form. Consciousness has been preparing forms for eons so that it can express itself through them in the manifested.

The Questions or Thoughts you have invite you to reflect into a world of Doing instead of Being where you're required and almost demanded to engage in conversation, actions and reactions most often confused with contribution. When do you have time to ponder, to journal or to meditate your living rhythms? As you move forward, as you wake up every morning, you are preparing for a journey (moving from one place to another)? Some of you wake up happy, most wake up and want to go back to sleep. Sleeping seems less aggressive where choice points are not real and doing sends no demands on you. Why? Because you're creating the dream state – you can choose the happy dream or the night mare.

A Sacred Journey without a distance is a theme from A Course In Miracles and is relative to your lessons Now. It is possible to reach a state in which you bring your mind under divine guidance without conscious effort, but this implies a willingness that you are currently developing. Where your resistance is strong, you are not ready to move forward. Awakening is not about pushing through some curriculum and passing tests, it is about opening your heart and true mind (consciousness) and going within in stead of without (energy moving in, rather that energy going out). Any judgments you have on yourself or others is fear. Fear arises from lack of love. The only remedy for lack of love is perfect love. Perfect love is Atonement. ~ACIM~

You are on the threshold into another rite of passage. Passages mark your lives, signaling a turning in your journey. They herald your entry into anew phase of life a different relations with your community, a keener awareness, a deeper wisdom. The passage may be slow or speedy, solitary or communal, celebrated or unrecognized. Rarely can you rush it. Your own bodies signal this change, as in the larger cycle from birth to death and in the periodic cycles you experience for a season of your lives, you may come to know intimately the spiraled shape of time's passing. What prompts these turns in your journey, these rites of passage? And what sustains you is the whisper of Wisdom, the knower of seasons, saying, "It is time." Perhaps Wisdom reminds you of what other sages knew; even in the wilderness one may encounter angels.

No one knows what lies ahead when you say yes to Divinity! To accept Divinity's invitation to a creative relationship requires learning different rhythms. These rhythms sustain you and pull you into a dance set to the heartbeat of Divinity. Allow for your Sacred Journey to unfold in every moment, being completely aware of your contributions and responses. Your Allowance is everything as you integrate these accelerated frequencies within your heart centers inner expression.And so it is.....