

MESSAGE OF THE MASTER'S NEWSLETTER

Volume 2, Issue 9
September 9, 2009

Initiation of the Heart-Light *Your power lies in Surrender*

The journey commences as you move into the Crystalline Age of Light through the doorway of the triple portal of Nine. We are the council of 9 fortified to walk with you on your path of mystic fiction called life. Remembering that the things of your life are the children of your thoughts and your thoughts today are bearing the children of your tomorrow. When you merge with the infinite power of love, all things are possible! Nine is about change, transition, transmutation of old patterns and evolution. What are you evolving? Patterns of density that no longer serve your vibration; basically you are lightening up!

The Emerald Crystal has ignited the emerald heart which initiates the spin of the eternal diamond of blue-fire point of consciousness within the core of your vibration to open, release, renew and transform fear into light. Yet it is by the power of your personal choices that upgrade your vibration and directly link you into the shifts of the crystal matrix. Yes, it is YOUR CHOICE and not automatic. Those of you that are waiting to be saved, we remind you that you hold the power of salvation within yourself and we recommend that you, "Choose it NOW!" You hold the truth within you and your emerald rose can shift the nine frequencies of Light within you. This is the finish line for 3rd dimensional density, so to speak, as you move through this portal birthing a new world; yours. Remember that the world is in you and you are in the world. The Nine Vibrations hold unconditional love, healing, strength and higher consciousness. The Nine Frequencies are:

- Healing (letting go of fear)
- Self Realization
- Wholeness
- Remembrance
- Truth
- Wisdom
- Unconditional Love
- All Knowing
- UNION

All things you experience now are here to awaken and expand you and bring you into light; your enthusiasm is required as it moves you into Self Realization and perpetuates healing. Harmony resides within the cycle of the Emerald Crystal which is calling your soul to move into action, where the multiplicities of all souls merge into One and hyper-spherical energy is released within the molecules of your atomic structure extending your reality. When you think of time you think of quantity; time is not a quantity it is an energy that is utilized by beings of different dimensional streams for purposes of manifesting condensed creation.

Children of Love and Light, one of your purposes is to create and be in harmony with your creations. Yet the pain of your creations bare personal consciousness into separation so it may be a mirror of light to awaken you and bring you back into the truth. Time creates a journey from separation to oneness as life expands and contracts and returns into itself completion of the

experience with greater knowledge. From the body, the perspective is ego. The ego is a 3rd dimensional creation within time to distinguish, discriminate and to acknowledge your pathway during your journey of unconsciousness. The ego is the driver guiding humanity on a path directed by divine intelligence. When the ego begins to make its right and wrong decision on its path, then the presence of your soul diminishes and relinquishes the deep understanding of your life circumstances. The ego always wants the best for the body; it is its protector, the controller and personality force of all its integral parts. The physical body is a vehicle and requires a driver in order to experience time and move through experiences. Its job is to protect the body and its memories. Memory is what the ego is made of. It was created from this source to ensure continuity will perpetuate as long as possible. In other words, it will perpetuate what it knows again, and again and again, until you make a different choice.

Your Soul-full self waits and is very patient; it is always watching, always supportive and loving; it is waiting for the ego to find TRUTH. When the journey is neglected not because of time but is related to spiritual desire, the celestial energy grows stronger and your body appetites no longer serve you. You begin to search for a deeper meaning to life. Along this awakening pathway, there will be similar energies or souls that are moving at the same vibration as you and you find an inner connection – subtleties of truth birthing within you. Here is where the ego engages in conflict with you. Because the ego has been totally accepted by the body to be its Steward, its protector and its guide –it's all knowing self and then you find yourself in question of your path and your choices. Remember that your inner essence of your I AM is the protector and Steward of your Light Body and in consideration of this knowledge you are aware of your mind and heart connections. It is the energy of the heart-mind that focuses the two elements of your inner and outer selves to integrate and move into the light. Remember that you are that, which you were created from; which is the eternal I AM Presence.

The energy of all that is connected to your light body is one fractal of the universal hologram; the Spirit Light. When this is known the ego willingly releases dominion and guidance on the path to the innate wisdom of the higher heart light of the soulful I AM presence. The ego surrenders itself and the shadow disappears as the heart light awakens and illuminates truth; hence heaven (light body) and earth (physical body) move into union.

The process of creation is about surrender. When you do this, new universal times of matter will engage electromagnetic poles of the flow essence original seed and source to produce infinite light. This is the arrival of the 5th dimension of your heart-light and from the rainbow bridge ignites atoms of electrons in your white matter within your brain, morphing light into the left temporal lobe. This awakens the quantum energy fields and increasing higher harmonic light frequencies throughout your endocrine systems. The holographic cosmic rays of light crystallized in your reticular formation begin to awaken thereby percolating morphic resonance to activate the pineal and pituitary glands empowering the thymus through the sympathetic heart center to the heart of the central sun and galactic center. The immortal movement of the soul reconnects!

Lord Sananda Speaks:

As you surrender to the truth of your being, you learn to relinquish the need to control your life, figure things out and predict the future. You live in the perpetual now and let go of judgments and interpretations and accept life the way it is. When you can be fully present with whatever life brings, you are guided to take the next step on your journey. Then grace unfolds in your life. Until you can bless the past, you won't be free to leave it. Do not try to move out of darkness. Do

not try to move into bliss. Just be where you are and be willing to love and accept your reality. When you are able to let go of the past, only then can you make room for something wonderful! Life is either resistance or surrender; these are the only two choices you have – which is likened to fear or love. Resistance leads to suffering and Surrender leads to bliss. Resistance is the decision to act alone and Surrender is the decision to act with God. When you surrender, you give yourself back to your True Self; your God I AM.

Your heart is the place where love is born. It is the bottomless well from which you can draw as often as you need to. Every time you come to the well, you drink the waters of life. Your spiritual thirst is quenched. You are baptized, healed and renewed. Whenever life feels difficult, there is only one place that offers you sanctuary. You must learn to make your pilgrimage there on a regular basis. ~ Sananda ~

Don't look outside of your self for answers. Don't seek refuge in the ideas, opinions and advice of other people. Don't go into your head and try to figure things out. Surrender all of that, and go to the place where love begins, in your own heart. It is your responsibility to reconnect with the Source of love when you need to. No one else can do it for you. It does not matter what spiritual practice you do as long as it takes you into your heart and helps you connect with the Source of love. If it does that, then stay with it throughout all the winding and twisting of your life circumstances. Stay true to your practice, to yourself, to your love and your life; it is your lifeline, your journey, your creations that make it worth the trek. Your heart takes you home, when the spark in your heart is tended to; it grows into a steady flame. When the flame is fed by acts of loving kindness to self and others, it becomes a blazing fire, a source of warmth and light for all who encounter it.

Silence is the essence of the heart. You cannot be in the heart unless you are in forgiveness of yourself and others. You cannot be in the heart if you are worried or angry. Unless you return to the heart, you cannot see with compassion. And one who does not see with compassion does not see accurately. All that is perceived is a fabrication; it simply feeds your boredom or anxiety. Remember that your breath is everything; it is the key to living a spiritual life in a physical embodiment. Unless you breathe deeply and calmly, you cannot be in your heart. Your breath will allow the softness to come into your heart. Let peace come into heart, all by itself. As you allow space to be there, feel the presence that comes in.

[Heart meditation via Tula the Ancient Earth Mother].....

That is the Spirit of God, call it what you will. Now there is only love, there are only blessings. Once you have tasted the absolute joy of this communion, you will not want to be without it. You will make time for your elixir; surrender to your heart and your heart surrenders to you. God is a living presence in your life, not an abstraction. S/He offers you a companionship that goes beyond the limits of form. When everything else dissolves, this loving presence remains with you, because you share one mind and the same bottomless heart.

[Surrender meditation ~ Prayer of the Chalice via Raphael]

Love is the inclusion of all the crystalline formations which exist within you and your earth mother and are accessible in every moment. You must be willing to accept this truth and stop looking outside yourself for your salvation. Love is all that matters and one day, you'll discover you are Love and Light..... and so it is.....

The Prayer of the Chalice

*To the Father, To the Mother, To the God I AM
I raise my whole being ~ a vessel emptied of
self. Accept, Lord, ~ this my emptiness,
and so fill me with Thyself ~ Thy Light,
Thy Love, Thy Life ~ that these Thy
precious Gifts may radiate through
me and overflow the chalice of
my heart into the hearts of all
with whom I come in contact
this day revealing unto
them the beauty of
Thy Joy
and
Wholeness
and
the
serenity
of Thy Peace
which nothing can destroy.*

~ Prayer by Frances Nuttall through Archangel Raphael ~